

## CASE REPORT ON CARING PRESSURE ULCER WITH FOAM DRESSING BY CAREGIVER AT HOME

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### **Background:**

Pressure ulcers (PUs) are a common problem among older people with impaired mobility related with a chronic disease. PUs care are cause of prolong hospital stay that complexity to caregiver at home. The education and appropriate wound dressing selection promote self-care confidence at home.

### **Objective:**

To report the practice of stage IV PU management with foam dressing by caregiver at home.

### **Methods:**

The conscious 69-year-old female, CVA and paralysis, presented colonized stage IV PU on the coccyx, wound size 8 x 14x 2 cms with eschar tissue and had infection. She was plan home discharge. Her two sons are employee and anxious about self-care included wound dressing, infection prevention and caring.

The practice elements are education and self-confidence promotion. Wound care nurses provided wound care and PU prevention education to promote wound healing follow discharge plan process. They promoted caregivers confidence by home visiting to follow and support them to do practice. Tegaderm High Performance Foam Adhesive Dressing was selected for wound care at home cause of easy to apply and easy to teach. It has the highest fluid handling capacity which provide less dressing change and cost

saving. The film is moisture vapor permeable and acts as barrier to outside contamination.

**Results:**

Caregiver could do themselves wound dressing and changed every 2-3 days. The wound healed in 3 months without infection. Caregivers and patient were satisfied to self-care and foam dressing that provided them convenience, saves time and cost.

**Conclusions:**

Tegaderm High Performance Foam Adhesive Dressing is the alternative wound dressing at home care that easy application for caregivers, reduced caring time, cost and enhance wound healing environment.

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